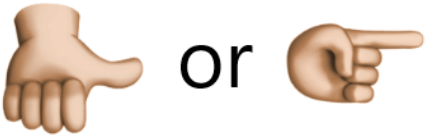


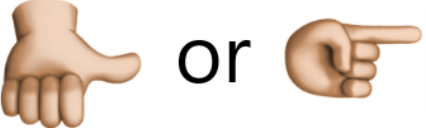




HAND SIGNALS FOR DOUBLES HANDOUT

Hand signals are often used in doubles as a way of communicating with your doubles partner before the serve. There are 5 main hand signals that players use. Three in relation to the direction of the serve ("T", "Wide" & "Body" and two used for the movement of the server's partner ("Stay" or "Poach").

DIRECTIONAL HAND SIGNALS USING YOUR LEFT HAND:

*left handers may wish to signal using their right hand.

DEUCE SIDE	ADVANTAGE SIDE
<p>"T" Serve Thumb or index finger to the side</p>	<p>"T" Serve Little finger pointing down</p>
	
<p>"Wide" Serve Little finger pointing down</p>	<p>"Wide" Serve Thumb or index finger to the side</p>
	
<p>"Body" Serve Middle finger pointing down</p>	<p>"Body" Serve Middle finger pointing down</p>
	

***Important**

If the server's partner suggests a "T" serve and the server is happy to serve there, the server would say "Yes". If the server would like to serve to a different area of the service box, they would say "No" and the server's partner suggests an alternative such as a "Wide" or "Body" serve.

MOVEMENT HAND SIGNALS USING YOUR LEFT HAND:

*left handers may wish to signal using their right hand.

Stay

Closed fist indicates that the server's partner will stay on the same half of the court, after the serve is hit.



Poach

Open Hand indicates that the server's partner will try to poach (or move) to the other half of the court, after the serve is hit.



The server's partner would show with their hand, the direction of the serve first, followed by if they are going to stay or poach. There are no set hand signals, this is just an example. Just make sure you both know what the hand signals mean! 😊🎾



begreatatennis.com